



CUST SCHOOL NEWSLETTER

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School's bank account number is 03 1592 0074218 00



Friday, 14 June, 2019 - Week Seven —Term 2

FROM THE PRINCIPAL'S DESK

INSPIRATION / RANGA WAIRUA Personal Inspiration Hauroa and Wellbeing

Personal Inspiration - Hauroa and Wellbeing

How to help kids be grateful and kind – Part One

Being grateful and kind boosts the way we feel, and tends to make us more likeable human beings. So how can we help our tamariki learn these important skills?

Model kindness

Your children will learn how to be kind mostly by watching you, so keep helping others, being friendly, giving compliments and sharing little bits of love. Doing so is a win-win, as it'll be good for your wellbeing too!

Ditto gratitude

Just like sharing or turn taking, gratitude is a social skill children need to see, learn and practise. By showing your appreciation and acknowledging the people and things you're grateful for (and why), you'll help your tamariki learn that gratitude extends far beyond material things.

Empathy starts with emotions

To develop empathy, children need to:

1. feel kindness from you and those who care for them
2. be free to discover and express their emotions
3. see a wide range of emotions in others
4. learn how to put themselves in others shoes.

Recognise kindness

Identify examples of kindness in other people and in your kids' favourite stories. Point out what is good about the way people are acting and talk with your tamariki about situations when they could choose to act like that.

Encourage pitching in

Be grateful when your kids help out. Thank them and praise their efforts, even if they don't get things 100% right. To encourage 'pitching in', rather than ask (complain or nag!), try: "I'm feeling pretty tired tonight. I'd love it if you could help me with the dishes." By giving them a choice, you're empowering them to show empathy and kindness. Tell them what a big difference they've made.

Give with your kids

If you want to make a donation or do something nice (e.g. baking, cooking or buying flowers for someone who's had a tough time), encourage your kids to help and let them come with you when you deliver the goodies so they can discover first-hand how it feels to brighten someone's day.

Sickness:

We have been hit hard this week! There is a particularly nasty virus (influenza) going round our school at the moment. We had the senior class numbers halved because of it.

To stop illness from spreading, it is important for students to stay away from school when they are ill. How long they should be home depends on their illness – use your common sense. Please don't send them when they are unwell – it isn't pleasant for anyone!

Canterbury Cross Country:

Good luck to Alice, Billie, Estelle and Blake as they compete next week at the Canterbury Cross Country Champs.

Spellathon:

KEEP PRACTISING AND FINDING SPONSORS!

- 1. Sponsor Cards handed back on Tuesday 18 June**
- 2. The test will be on Thursday 20 June**

FIXED TERM TEACHER AIDE – Term 3

We are urgently seeking a teacher aide to work 1-1 classroom support for Year 3/4 child for 15 hours per week (3 hours daily) for initially 10 weeks (term time only). There will be some flexibility around these times initially. Starting date beginning of Term Three. There is a possibility hours may continue and / or increase in Term Four.

The successful applicant will be an empathetic and enthusiastic person, who not only relates well with younger children, but is eager to make a difference in the ongoing social and emotional development and learning of a student in his / her care.

In the first case please contact Robert Schuyt
Phone 033125753
robert.schuyt@cust.school.nz
for further information.

SCHOOL MOVIE NIGHT

Movie Night - How To Train Your Dragon 3

Friday 21 June Multipurpose Room

Junior (Years 1 – 4) movie starts at 5:00 pm sharp and finishes at 6:45 pm.

Senior (Years 5 – 8) movie starts at 7:15 pm sharp and finishes at 9 pm.

Any preschool and Room 4 parents are expected to stay with children.

Bring your own bean bag, floor cushion or pillow and drink bottle. Water refills will be available

Cost is \$5 per pupil. This covers entry to movie and a goodie bag. Please put money in a named envelope, in office by end of school Thursday, 20 June.

Any questions, please don't hesitate to contact the PTA - custschoolpta@gmail.com

CELEBRATION OF SUCCESS

Waimakariri Dog Club Training

James Jones

He got 15th out of 46

CERTIFICATES

- Room One: Well done to Eva for showing success in Piko's tips for always being organised.
Well done to Harry for showing success in Piko's tips for being a confident member of Room One.
- Room Two: Great work awarded to Olivia for showing great organizational and independent skills in Room Two.
Great work awarded to Charlotte for showing great organizational and independent skills in Room Two.
- Room Three: Well done to Olivia for showing success in Piko's tips. It has been fantastic to see your confidence grow in both reading and when presenting your news. Well done.
Well done to Amelie for showing success in Piko's tips. It has been fantastic to see you taking what we have been learning about in class and independently making your own creations at home.
Well done to Leo for showing success in Piko's tips. You have been showing fantastic resilience in class. Whenever you have a fall in fitness you simply brush yourself off and keep going.
- Room Four: Excellence awarded to Addison – well done Addison for showing Piko's Tip of Independence by being very organised.
- Room Five: Student of the Week awarded to Kaitlin – you have demonstrated kindness and independence in Enterprise by helping your team learn how to make bracelets. Well done.
Student of the Week awarded to Xavier – you show great independence in class by completing your Tic Tac Toe to your best standard. Well done.

PTA NEWS

The PTA AGM is scheduled for Tuesday, 18 June at 7.30 pm in the Multi-Purpose Room, for any who would like to attend. This will be followed with our regular monthly PTA meeting.

The school movie night is also coming up on Friday, 21 June. Further details above in newsletter.

Movie Night - Friday 21 June

Disco - Friday 9 August

Entertainment Membership Fundraiser

Still only \$70. Every sale contributes to our cause.

You can order online at www.entbook.co.nz/136p123 or from the school office.

For more information or to arrange collection contact Kate Powell, 0272295026 email oldschoolpowells@xtra.co.nz

Second Hand Uniform

Second hand uniform is available from the small room opposite the office.

For more information/contact details:

Website: www.cust.school.nz (School Info Tab)

Facebook: Cust School Parent Teacher Association

Email: custschoolpta@gmail.com

Cust School PTA Bank Account: 03 1783 0502131 03

FISH AND CHIPS, AMERICAN HOT DOGS – Thursday, 20 June

All orders need to be in the office by **9.00am**. No late orders as we will not be going down to the hotel.

COMMUNITY NOTICES

CUST VOLUNTEER FIREBRIGADE PANCAKE BREAKFAST

9 a.m. Sunday, 23 June at the Fire Station, Main Road, Cust. FREE.

KIDS BASE HOLIDAY PROGRAMME

No hidden fees – all excursion and activity costs included: WINZ subsidies available. Morning and afternoon tea also supplied fresh each day. Full and half days available, prices from \$40 - \$60.

For more information, call 027 239 7690 or email info@kidsbase.co.nz

Book now at kidsbase.co.nz/enrolment

(This holiday programme is not based out of Cust School. Copy of holiday programme available in the school office).

CUST/OXFORD ST JOHN AREA COMMITTEE invites you to the AGM being held Wednesday, 19 June 2019 at 7.30pm.

Venue: Cust Community Centre.

This will be our last AGM as our committee will soon be amalgamated with three other local committees.

Reports will be presented, followed by supper.

Thanks

Liz Smith

Secretary

DOGS NZ SOUTH ISLAND PRIMARY SCHOOLS DOG AGILITY CHAMPIONSHIPS 2019

27 July, at Riding for Disabled Assn building, Canterbury A & P Showgrounds

Start time 5pm approx.

Classes: Open Handler Agility, Experience Agility, Open Handler Jumpers, Experienced Jumpers

Entries: \$5 per dog per class

Entries close: 5 July

Entries by email or post to: Susan Tansey, tanseyfamaily42@gmail.com

More information available from school office.