



CUST SCHOOL NEWSLETTER

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Friday, 2 June, 2023 - Week 6 —Term 2

BE YOUR BEST

Kia Rawa Pai

SCHOOL THEME: GROW / TUPU

To see their greatness,
to notice their strengths,
to value their gifts,
to believe in their worth,
to grow their potential

...is to enhance their Mana

From the Principal's desk...

King's Birthday – School Closed Monday

CUST SCHOOL

JENNIFER THOMPSON

After 32 years as Cust School's Office Manager, Jennifer Thompson is retiring.

FAREWELL FUNCTION

TUESDAY 6 JUNE 1PM

CUST SCHOOL HALL

ASSEMBLY FOLLOWED BY AN AFTERNOON TEA

ALL WELCOME



MANA (from a child's perspective)

Why We NEED Mana by Petal Carroll-Rossiter

Tēnā koutou katoa
Ko wai ahau?
Ko Hikurangi me Whakapunake ōku maunga
Ko Waiapu me Okana ōku awa
Ko Horouta me Takitimu ōku waka
Ko Ngāti Porou me Ngāi Tahu ōku iwi
Ko Petal Carroll-Rossiter tōku ingoa
Nōreira tēnā koutou, tēnā koutou, tēnā tātou katoa.

I have just shared with you all my pepeha, this is who I am, where I come from and what my connection is to the whenua. **MY MANA!**
Mana is about knowing who you are, where you come from and your connection to the land. It's part of us.

Strong mana can look like having a strong sense of identity, pride and strength.

Identity is important to be proud of because then you can have a strong connection with your ancestors. A way you can show you are proud of your identity is by being your true self and not being afraid of being different. To be yourself in a world that is constantly trying to make you something else, is the greatest accomplishment you can achieve.

Pride can motivate you to achieve more and be better at things you love. For example I used to struggle with spelling but now I am able to be a decent speller by being pushed past my limits. With a helping hand, I was able to get better at spelling. This gives me the pride I need to learn harder and trickier words. This is one of the key things that reflects my mana.

We all have different strengths that reflect our mana. Maybe you're a good soccer player, maybe you're good at chess, and maybe you're good at baking. Your strengths are reflections of your mana, allow them to be seen. Take pride in the things that make you stand out. Realize that you're better served by being authentic to yourself than by seeking out short-term praise from someone else.

Everyone is born with mana. It's part of us. Mana is like a building, it can be torn down, but it can be rebuilt. We can all play a role in this. A way you can boost someone's mana is by being kind and complimenting their strengths and achievements giving them pride.

It's important we look after each other's mana, but we need to make sure we look after our own mana as well. I have already shared with you some ways we can do this such as being our true selves, and having pride in our strengths and achievements. Other ways we can look after our own mana is by practising self-care like making sure we get enough rest, using positive affirmations and surrounding ourselves with the people who are important to us.

Sometimes doing speeches in front of a room full of people like we are doing today, can make us feel a bit whakamā which can look like embarrassment or shame. This is the opposite of mana. A way that we can all make sure we are supporting each other to not feel this way, is by boosting each other's mana to lessen the feeling of whakamā.

We can do this by giving each other positive feedback about our speeches and not putting each other down. We can also stand proud as we say our speeches, and take pride in the work we have put into them. These are examples of how we, today, right now, can boost each other's mana.

By knowing who you are, being proud of your true self and showing your strengths, everyone will see your mana shine. Hopefully by now you have an idea about your mana and figured out why we need mana in our lives. It's a part of us.

Cross Country:

This Tuesday we had a number of children compete at the North Canterbury Cross Country Championships. Impressive results from this small but talented team.

Results

Year 5 Boys

Charlie Boyd - 3rd Rakahuri

Tom Riley - 6th Rakahuri

Year 5 Girls

Andrea Walton - North Canterbury Champion / 1st Rakahuri

Year 6 Boys

Sam Gartery - 2nd Rakahuri

Year 7 Girls

Charlotte Nesbit – North Canterbury Champion / 1st Rakahuri

Year 8 Boys

James Trimbo - 2nd North Canterbury / 2nd Rakahuri

Finlay Kearns - 4th Rakahuri

Year 8 Girls

Anna Gartery - 2nd Rakahuri

Ava Reason-Murch - 3rd Rakahuri

Summer Close - 5th Rakahuri

Canterbury Champs here we come!



Speeches:

Well done to Danielle George and Harry Merritt who represented Cust at the Eyre Cluster Speech Competition.

Special congratulations to Danielle who won and now presents her speech at the North Canterbury Final on Monday 12 June. Good Luck.



SCHOOL SPEECH COMPETITION - Times

Thursday 8 June – 11:00am Multi-Purpose Room

Sections:

Year 5/6

Year 7

Year 8

Thursday 8 June – 1:30pm Multi-Purpose Room

Sections:

Year 1/2

Year 3/4

CLASS NEWS:

ROOM ONE

Kia Ora,

We're all relieved to have made it through speeches this week. What an impressive group of public speakers we have! Thank you for your support at home on these.

We're looking forward to getting back into some fun Quick Writes in the coming weeks.

In maths we have been focused on the area and perimeter of quadrilaterals, triangles (area) and composite shapes. It has been really exciting to see different students shining in this more visual area of maths.

Our control recipe in our science unit, The Chemistry of Cake, was a resounding success. Their next challenge will be to substitute 80 grams of the recipe with vegetables. They need to justify their substitutions with research.

Have a fabulous long weekend,
Eleanor and AnnMaree

ROOM TWO

Hello to all the Whanau in Room 2,

Winter is now officially here and with it the winter bugs. I type this from home surrounded by pills and potions to try and make myself feel better. Please keep your children at home if they are not well. A classroom is not a great place to be when you are not feeling the best.

We have ticked off some major events already this Term with Cross Country, Fund raising (amazing) and speeches. Coming up in the next few weeks will be some assessments to see the progress that students have made. I can already let you know that the progress that has been made is outstanding. What a great bunch I am lucky enough to have in Room 2.

Helly

ROOM THREE

Kia ora whanau

Firstly I would like to congratulate our little legends in Room 3 for doing an amazing job sharing their speeches! They all worked so hard, and I was extremely proud of every one of them for being brave and sharing their speech to a room full of people.

We were also thrilled to see the childrens art work get sold at the silent auction last week - they were beautiful pieces of art. I would like to take the chance to congratulate the Casino Royale committee on raising \$23,000 for Cust School!! This is an amazing achievement and we are really grateful.

We have completed some basic facts testing and have seen some massive improvements in the recall of our basic facts - however it is still something we need to keep working hard at. 5 minutes a day really does make a difference!

Our visual pepeha are now on display in Room - please pop in and see these if you have time!

Enjoy your long weekend
Ngā mihi, Shannon

ROOMS FOUR AND FIVE

Kia ora Whānau,

This week we celebrate all the mahi that went into writing / presenting our speeches. Ka pai tō mahi Year 1 and 2, we are all so proud of you!

We also want to thank parents / whānau for their continued support with homework - this makes a big difference to your child's learning.

It is great to hear so many of our tamariki are getting involved in after school activities, dance, and sport etc. These future All Blacks are having a great rugby season.

Take care, stay well - we know many of our tamariki have been unwell over the last couple of weeks.

Ngā mihi,
Caroline, Kennys, Margaret, and Linda



ROOMS SIX AND SEVEN

Kia Ora Year 7/8 parents.

Life in year 7/8 is still as busy as ever. Wowee this term is flying!!

In literacy we have continued with our "Connected Reading". The children have been continually reminded that this should be finished off at home, so if your child says they have no homework, they are being VERY forgetful! The children performed their speeches this week that they have been creating during writing, and all students should be extremely proud of their efforts. We are now re-visiting persuasive writing.

In maths we have moved onto fractions, this will keep us busy for the next couple of weeks.

We have been extremely busy working away at Kapa Haka, cross country, speeches, jump-jam, E-Pro 8, cooking/sewing/woodwork at Tech, Cantamaths practice, Winter Sport, finishing off artwork and working in our various environmental groups during Topic.

Any problems please let Miriam or myself know.

Andrew and Miriam

MANA POWER – TAKING RISKS IN LEARNING

- Office: Awarded to Mrs Thompson – thank you for being the best office lady ever. Room 7 will all miss you when you leave since you been here for such a long time.
- Room One: Awarded to Marco – I was really impressed at the way you took a risk to take part in EPro8 and were such an asset to your team! Well done!
- Room Two: Awarded to Mason – you joined Cust school at the start of the year and has never looked back. His confidence in his own ability has grown so much during this time. Something that has enabled him to make great progress in his work. There are so many people who are proud of you Mason. Keep going !
- Room Three: Awarded to Connie – I am so impressed at how you have a real "give it a go" attitude towards your learning. You bring a lot off mana to Room 3!
- Room Four: Awarded to - Josh you have mana / can take risks with your learning, and do hard things! Awesome speech writing, presentation / delivery and self-confidence. You can feel really proud of your mahi, and positive 'can do' attitude. Ka pai.
- Room Five: Awarded to Jura – it was lovely to see your Mana grow Jura as you presented your speech, even though you were nervous.
- Room Seven: Awarded to Kate – a natural leader who is never afraid to take risks with her learning. Your confidence is one of your strongest qualities Kate - never lose it!

CLASS CERTIFICATES

- Room One: Well done Hollie for showing success in Piko's tips – be INDEPENDENT. Hollie, you show stunning work ethic. You are such an asset to our team. Keep it up.
- Room Two: Well done Georgia - for showing success in Piko's tips – be INDEPENDENT. Georgia can always be relied on to listen to instructions, ask good questions and then get on with her work. Completing 99% of her work confidently and well within the time given. You have a great work ethic in Georgia, and this is a lifelong skill that will enable you to do great things and go to great places in your future.
- Room Three: Well done Blake for showing success in Piko's tips – be INDEPENDENT – I am so proud of how you have developed your skills in reading (answering in full sentences) – this has allowed you to answer questions independently. You are a legend.
- Room Four: Well done Eva for showing success in Piko's tips - be INDEPENDENT - You can do hard things! Awesome speech writing, presentation skills, and 'can do' attitude. Miharo!
Well done Piper for showing success in Piko's tips - be INDEPENDENT - You can do hard things! Wonderful speech writing, presentation skills, and enthusiasm. Koia kei a koe!
Well done Maella for showing success in Piko's tips - be INDEPENDENT - You can do hard things! Fantastic speech writing, presentation skills, and passion! Koia kei a koe!
- Room Five: Well done Angella for showing success in Piko's tips – be INDEPENDENT – a great speech Angella which you delivered with confidence. Well done.
- Room Seven: Well done Freya for showing success in Piko's tips – be INDEPENDENT. Freya is really coming out of her self this year and is regularly producing high standards of work. Putting her hand up in class discussion, outstanding presentation, Freya...you are on fire!

SCHOOL PHOTOS

The photos taken earlier are available for pick up from the school office. If you are unable to come in and collect them, and would like it sent home with your child, please give us a call or email and this can be arranged.

SCHOOL DONATION & ACTIVITIES

Thank you to those families that have paid the above. We do appreciate it.

A copy of the statement has been emailed as an update for families. If you have any questions or queries please contact the school office.

Payment can be made to the school bank account: 03 1592 0074218 00. Please reference what you are paying.

Many thanks, Jennifer

SCHOLASTIC BOOK CLUB ISSUE 4

To view what books are available go on line - <https://www.scholastic.co.nz/schools/book-club/>

All parent credit card orders must be placed via the LOOP platform. You can order online at [scholastic.co.nz/LOOP](https://www.scholastic.co.nz/LOOP), [mybookclub.scholastic.co.nz](https://www.scholastic.co.nz/mybookclub) or via the LOOP mobile apps. **NOTE:** skip the box that asks for suburb, enter Cust in the school name and then proceed. If you require any help just ring them and they are happy to talk you through. (0800 266 525)

The latest Issue 3 includes heavily discounted books and value packs, latest releases at great prices, books for all interests and abilities and 30% of products \$10 and under.

We recommend you return your order by 15 June to ensure your order is picked and despatched to you before the opening of Book Club Issue 5.

FISH AND CHIPS, AMERICAN HOT DOGS, PIES – Thursday, 22 June

All orders need to be in the office by 9.00 am. No late orders as we will not be going down to the hotel.

Please also note the following:

- All envelopes (no scraps of paper and notes left on the counter are acceptable), are to be clearly labelled with names (please put full names as we have several children at school with the same Christian names)
- Correct money (as no change will be given)
- No add-ons or drinks, as this service is solely for the items listed below from the Cust Hotel.

Prices are as follows:

1 scoop chips	\$2.50	½ scoop chips	\$1.50
Hot Dog	\$3.00	Fish	\$3.00
Sausage	\$3.00	American Hot Dog	\$3.50
Mince Pie	\$6.50	Mince & Cheese	\$6.50
Hash Browns	\$2.00		

Dates for Term Three are 27 July, 10 & 24 August, 7 & 21 September.

**Free Dental Care for Children -
including special information regarding Year 8 students**

One of our Community Dental Service vans will be making a visit to your school soon.

- **Only the children who currently require a check-up will be seen at this visit.**
Please do not be concerned if your child is not called for a check-up this time.
- The dental therapist will provide a regular check-up and preventative care which may include:
 - Cleaning/Scaling (to remove plaque from teeth)
 - Dental x-rays (to check for decay in teeth, or presence and position of teeth)
 - Fluoride Varnish (painted on teeth to help prevent decay)
 - Fissure Sealants (coating put on teeth to prevent decay) if required.
- If your child requires any other dental care, they will bring home a 'Care Plan' which will explain what dental care and appointment times are required.
- When you receive the 'Care Plan' please contact our **Call Centre as soon as possible** as you will need to arrange a time to bring your child to one of our Community Clinics for this dental care.
- Please contact our Call Centre if you want further information on the Community Dental Service, to enrol your child or if you have any specific questions about your child's dental care (a dental therapist will call you back)
- **Year 8 students:** all year 8 students enrolled with the Community Dental Service are transferred from the Community Dental Service to a FREE private dentist from year 9 until their 18th birthday. To help with this transition please ensure you have informed your child of their family dentist (not orthodontist). This will enable us to transfer your child onto the correct dentist for year 9 onwards. More information will be sent home after their year 8 check-up.

To contact our Call Centre: phone 0800 846 983 / email commdental@cdhb.health.nz