



CUST SCHOOL NEWSLETTER

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Friday, 19 August, 2022 - Week Four —Term 3

BE YOUR BEST
Kia Rawa Pai

SCHOOL THEME: CREST - TO REACH THE TOP

FROM THE PRINCIPAL'S DESK

Greetings to all the kura families

Tēnā koutou e ngā whānau o te kura

EMPATHY

“It's nice to be important, but it's more important to be nice.” - Author

Unknown



It's nice to be important, but it's
more important to be nice.

~Author Unknown

EPRO8 – ENGINEER / PROBLEM SOLVE / INNOVATE

This week our senior children have been taking part in the EPro8 Challenge - Internal Event.

The EPro8 Challenge is the inter-school science and engineering competition. Every year over 22,000 students from throughout New Zealand take part.

Students participate in a series of events: firstly within their school and then inter-school. These events are designed to promote science and engineering.

In the both the internal and inter-school events, each team will be located at a workstation, which contains an impressive assortment of easy to use equipment, including gears, motors, wheels, cables, pulleys, lights, joiners, buttons, nuts and bolts, lasers, tools, electronics boxes and aluminium framing.

At the start of the event, teams will be given a booklet containing four challenges. Each challenge will be split into parts which range from easy to challenging.

Teams choose which challenges they wish to complete. Typically the more difficult challenges will be worth more points. They won't have enough time to finish all the challenges. Teams need to be strategic about which challenges best suit their skills and abilities.

From the challenges held this week I have selected 4 teams to compete at the North Canterbury Inter-school event next Thursday at Kaiapoi North School.





Lions Club – Heads up 4 Kids Old Money Mufti Day

Ngā mihi,
Robert

CLASSROOM NEWS

ROOM THREE

Kia ora koutou,

We are so proud of our Superstars, they have been putting in the mahi, and seem to be really enjoying their learning this term.

In class we have been learning some new waiata in English, Maori, and New Zealand Sign Language. Here's a link to our favourite song of the week Paradise - Waimarie Smith .

Next week we want to challenge ourselves by beginning to learn the NZSL alphabet.

Learning new spelling rules, and applying our new knowledge has been tricky at times, but also very rewarding. We have also been reviewing the common speech sounds of our N.Z. English Language. We need to be able to say all the sounds clearly and purely, to be able to hear and use the correct sounds in our reading and writing. If you would like to support this learning at home, have a go at repeating the sounds from this video.

The Speech Sounds of New Zealand English.

Next week we will be starting a 'Readers Theatre' unit of work - no texts will come home for the next two weeks. We encourage students to read books with you for enjoyment from their home, and school library etc. How is readers theatre different from a play? "Scripts are held by the readers throughout the performance. Instead of acting out literature as in a play, the performers' goal is to read a script aloud effectively, enabling the audience to visualise the action. Performers bring the text alive by using voice, facial expressions, and some gestures."

Our tamariki are excited about our 'Me and My Body - Growing and Changing' topic work. We encourage you to have discussions with your child at home, about what we are learning about in class.

Have a great weekend,

Nga mihi nui

Caroline, Margaret and Ros

ROOMS FOUR AND FIVE

Room 5 welcomes Luke MacDonald, Darcy Verhey and Willow Stevens who have started their pre-school visits.

Thank you to the families who have donated a box of tissues, much appreciated.

As mentioned in our last class newsletter both classes are working their way through the 'Changing and Growing' unit. This week Room 5 have been talking about needs and wants. Room 4 have been talking about what means to be unkind to others.

In Maths as well as concentrating on Number, Room 5 has just finished a unit on time and are starting a unit on Money. Room 4 are working on lots of basic facts and looking at the months of the year and days of the week.

Sounds, Spelling and Reading are taken every day and again thank you for your support of hearing the students sounds, spelling and reading at home. It makes such a difference to their progress at school.

Nga mihi,

Eddie and Kennys

ROOMS SIX AND SEVEN

Year 7 and 8 have continued working diligently over the previous 2 weeks. Our focus in literacy has shifted to novel study where the children are enjoying reading and unpacking various books.

In maths we are looking at all things fractions. Half of the group are loving this topic, a third are somewhat enjoying it whilst the remaining quarter are struggling a little to understand some of the concepts. Ha Ha!

In topic we have almost finished our work on Online Safety and are looking forward to beginning our unit on Space.

A big thank you to the parents who helped out with transport for last week's Cantamaths competition at Ohoka. The kids (and I) really appreciate you taking time out of your week to help out. Despite not bringing home any silverware, all 3 year levels should be very proud of their efforts on the day.

Please contact Miriam or myself if you have any questions or concerns.

Thanks Andrew and Miriam.

ROOMS ONE AND TWO

Kia ora whanau

We have had a busy fortnight in Rooms 1 and 2. Unfortunately chicken pox made its way quite quickly through Room 2 but it's great to see these students making their way back to school as they recover from this.

Room 2

In Room 2 the children have finished up their Commonwealth Games learning and next week will be moving into the remainder of our Oceans unit and looking at the effects of global warming on our oceans.

Our maths focus has now moved onto learning about fractions - reading, writing, ordering these initially. Our letter writing is going well with our first pen pal letters in the post - we are now learning about formal letters and the difference in language that comes with this. We will be writing job applications to help practise our skills around formal language.

Our reading contracts are focused around extending our vocabulary, inferring meaning and reading with fluency. In week 6 we will be beginning our grouped novel studies and looking at in depth character studies, vocabulary, plot and setting details. We are really looking forward to this!

We are really excited to be creating some beautiful water colour art work based around artwork by Sarah Rutherford who is a local North Canterbury artist (and a good friend :). The class have been experimenting with shape, size and now colour to finish off their artworks. These will be on display in the next week or two if you wish to pop in and see them :)

Room 1

The tamariki are working on their organisational skills, using planning sheets learning how to work efficiently, making best use of their time effectively. It is very important to be able to prioritise tasks, and work to time limits. 'Managing self' is an essential skill the students need to develop as they work their way through the senior school, and later onto high school.

Our current maths topic is fractions. Areas of study include: naming, writing and ordering fractions, identifying and understanding proper and improper fractions and mixed numerals. This has now progressed to learning how to convert improper fractions to mixed numerals.

We have been writing formal and informal letters using the appropriate format, editing these to completion. Residents of Charles Upham Rest home were delighted to receive our cheerful and positive informal letters. We wrote job application covering letters, using these to apply for our class monitor positions, and formal thank you letters to adults who support us in school and with our sporting interests.

'The Demon Headmaster' continues to motivate us! In our novel studies we have been, creating story webs, making tension graphs - looking at rising and falling action and developing our inference skills.

All Room 1 children took part on Monday and Tuesday in an internal event for EPro8 (Engineering, Problem Solving, Innovate skills). From this, two teams have been selected to represent Cust next Thursday at a North Canterbury challenge.

As we focus on empathy this term it has been really pleasing to see our students continue to take the time to show compassion in and out of the classroom. We are really proud of them.

As always if you need to get in touch we are here to chat and appreciate your ongoing support.

Nga mihi nui

Shannon, Annmaree and Robert

CERTIFICATES

- Room One: Well done Liam for showing success in Piko's tips – PARTICIPATE – Fantastic effort in Engineering – Epro8! Great team work Liam.
Well done Hunter for showing success in Piko's tips – PARTICIPATE – super work Hunter! You are showing super focus to all class work. Your empathy towards others is admirable.
- Room Two: Well done Ella for showing success in Piko's tips – PARTICIPATE – Ella thanks for always taking the time to listen to others ideas. You are a terrific role model. You work so hard in class, and share such amazing ideas. Well done!
Well done Fitz for showing success in Piko's tips – PARTICIPATE – Fitz you are another cracking example of a Room 2 Little Legend. You work incredibly hard to complete work to a high standard, always share ideas, and are such a caring student.
- Room Three: Well done Reo for showing success in Piko's tips – PARTICIPATE – for being a respectful, hard-working, and caring team member in Room 3. Ka pai to mahi.
Well done Lacey for showing success in Piko's tips – PARTICIPATE – for her wonderful thinking, and effort across all learning areas. Ka pai to mahi.
- Room Four: Well done Indie for showing success in Piko's tips – PARTICIPATE – for participating in all aspects of the classroom.
Well done James S. for showing success in Piko's tips – PARTICIPATE – for a massive improvement in his story writing.
- Room Five: Well done Kota for showing success in Piko's tips – PARTICIPATE – Kota the children in the class really like your quiet friendliness and you are a great role model for them to copy.
Well done Caulay for showing success in Piko's tips – PARTICIPATE – Caulay the children really like the way you include others in your games. You are a great friend.
- Room Six: Well done Ava for showing success in Piko's tips – PARTICIPATE – amazing effort and engagement in reading and maths.
Well done Scott for showing success in Piko's tips – PARTICIPATE – awesome effort and engagement in maths.
- Room Seven: Well done Ethan for showing success in Piko's tips – be INDEPENDENT – for ALWAYS trying to be the best student you can be. You never need persuading or encouraging to complete any work and are a fantastic role model to others.
Well done Josh for showing success in Piko's tips – be INDEPENDENT – you are a quiet achiever in Room 7 who is always trying to improve yourself. You have come a long way over the past 12 months and should be extremely proud of yourself.

Winter Wellness Guide For Tamariki

With a rise in COVID-19, seasonal colds, flu and other respiratory infections in our communities, this guidance is to help you manage your child's illness.

KEY WELLNESS INDICATORS

- Healthy young children can have up to 8 to 12 colds or upper respiratory tract infections each year. These are a normal part of childhood.
- A child must stay at home if they appear unwell or if they develop any of these symptoms: new runny nose, sore throat, cough, fever, vomiting, diarrhoea, rash, they are off their food and drink or show signs of feeling miserable.
- If a child becomes increasingly unwell and/or you are concerned about them, call your GP or Healthline on 0800 611 116. A child who is refusing to drink anything is likely to be very unwell.
- If an in-person appointment is required, follow your GP's processes, which will include everyone wearing a mask if they can safely and practically do so.
- If you or a child you are caring for develops difficulty breathing, severe chest pain, fainting or becomes unconscious, call 111 immediately.

Find reliable information on how to manage colds and flus on KidsHealth and Health Navigator.

Information about health and wellbeing of tamariki and rangatahi – KidsHealth Health information for New Zealanders – Health Navigator

COVID-19 GUIDANCE

- If your child has COVID-19 symptoms, the child and anyone in their household with similar symptoms should be tested for COVID-19.
- If any household members are COVID-19 positive, other household members are at high risk of becoming infected. Everyone must isolate for at least seven days from the day that the first person receives their positive test result or becomes symptomatic (whichever is earliest).
- All household contacts, including children, need to take a rapid antigen test (RAT) on day three and day seven, or sooner if they develop symptoms. A person who has had COVID-19 in the past 90 days, does not need to isolate again as a household contact.
- Anyone who experiences symptoms 29 days or longer after previous COVID-19 infection should test and will need to isolate if they test positive.

If your child:

- has been isolating with COVID 19 and is feeling well after seven days, they can return to school
- continues to be unwell and/or has symptoms after their seven-day isolation period has ended, they should remain at home to recover until 24 hours after their symptoms end
- still feels unwell or their symptoms are worsening after ten days, they should not return to school. Call your GP or Healthline on 0800 611 116 for medical advice.

Find detailed information about COVID-19 symptoms on the Ministry of Health and Unite Against COVID-19 websites. About COVID-19 – Ministry of Health Information about COVID-19 – Unite Against COVID-19

HOW TO KNOW IF YOUR CHILD SHOULD STAY AT HOME

- If a child has been unwell with a respiratory illness other than COVID-19, they can return to their school 24 hours after they have significantly improved and are behaving/eating normally.
- Following vomiting or diarrhoea, a child should be symptom free for 48 hours before they can return.
- If a child still has a runny nose or dry cough without any other symptoms such as a fever, vomiting or diarrhoea, they are unlikely to be infectious and could be considered well enough to attend school.
- In general, a doctor's certificate or clearance should not have to be provided for a child to go back to their early learning service/education facility after being unwell.
- Any child who has a runny nose after a change in temperature – for example, moving from outdoors to indoors – or sneezes due to obvious stimuli (such as the sun or dust) does not need to be sent home.

• Hay fever and other allergies can show similar symptoms to the common cold such as sneezing, a runny or stuffy nose and coughing. If a child has a history of allergic symptoms and shows one or more of these symptoms, or an itchy face (especially around the eyes or throat), consider if hay fever or an allergy could be the cause. You may want to check with the child's caregiver to confirm.

IDEAS FOR KEEPING CHILDREN HEALTHY THIS WINTER

Follow this guidance to help keep children and whānau stay healthy during the winter months.

Provide children with healthy and nutritious food to eat. Healthy eating supports immunity and helps our bodies to work well and feel good. Food, activity and sleep – Ministry of Health

Support children to get enough sleep. Sleep is important for restoring energy, maintaining mental and physically wellbeing, learning, and aiding healthy growth and development.

Helping young children sleep better – Ministry of Health

Encourage and create opportunities for children to be active. Being active at home, at school, at play during the weekends and in the community helps children maintain good health and wellbeing.

Activities for children and young people – Ministry of Health

It is a good idea to encourage children to play outdoors – they just need to be dressed warmly during the winter months.

Being outdoors helps to boost children's immune systems through exposure to fresh air and enables them to make vitamin D from exposure to the sun.

FISH AND CHIPS, AMERICAN HOT DOGS, PIES – Thursday, 1 September

All orders need to be in the office by **9.00am**. No late orders as we will not be going down to the hotel. **NOTE: the prices below AS THERE HAVE BEEN SOME INCREASES.**

Please also note the following:

All envelopes (no scraps of paper and notes left on the counter are acceptable), are to be clearly labelled with names (please put full names as we have several children at school with the same Christian names)

- Correct money (as no change will be given)
- No add-ons of drinks, as this service is solely for the items listed below from the Cust Hotel.

Prices are as follows

1 scoop chips	\$2.50	½ scoop chips	\$1.50
Hot Dog	\$3.00	Fish	\$3.00
Sausage	\$3.00	American Hot Dog	\$3.50
Mince Pie	\$6.50	Mince & Cheese	\$6.50
Hash Browns	\$2.00		

COMMUNITY NOTICES

CUST COMMUNITY HUB MEETING

Monday, 22 August 7pm at the Cust Community Centre

- Interested in community safety?
- Could Cust be a community hub in an emergency, with more resources to help neighbors?

Come along to the Cust Community Network AGM to hear Waimakariri Civil Defence officers and Sarah Saunders from North Canterbury Neighborhood Support speak on the community hub concept. Everyone welcome – tea/coffee provided.

Remember to vote at the AGM, membership is only \$10 per household and goes towards community projects and advocating for better local services.

Simply pay \$10 into the CCN BNZ account: 02 0876 0293610 025

and email custvillage@gmail.com to be added to our membership list for the latest news.

For more information contact Kirstyn on 021 312230 for a chat.



ENTER NOW

North Canterbury Primary Schools
3 Hour Mountain Bike Event

RAKAHURI BIKE BLAST

MONDAY 28TH NOVEMBER 2022

LOTS OF FUN! Ideal for first time event riders and those more experienced

LOCATION: Rakahuri MTB Trails, Rangiora

Enter your Team of 2 Riders in the following categories...

Years 5/6 - *Boys *Girls *Mixed
Years 7/8 - *Boys *Girls *Mixed

Don't miss out - Entries are limited
Entries Close 12 Nov 2022 - \$50 per team entry (or earlier if limit reached)

3 HOUR TEAM EVENT
How many laps can your team do in the allocated TIME?
One team member is out on the course for a lap and then tags their teammate who does the next one... and so on...

Note: Event start times, length & course may alter slightly depending on entries received

Race Starts 10:30am

MORE INFO...
Sefton School 03 3129755
bikeblast@sefton.school.nz
<https://www.facebook.com/Rakahuri-Bike-Blast-MTB-312127336255595/>

ENTER HERE <https://forms.gle/HHkEC5DdkdjZpUxY7>

MILLBROOK KITCHENS
The Perfect Fit