



# CUST SCHOOL NEWSLETTER

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[www.cust.school.nz](http://www.cust.school.nz)

School's bank account number is 03 1592 0074218 00



Friday, 20 May, 2022 - Week Three—Term 2

**BE YOUR BEST**  
**Kia Rawa Pai**

**SCHOOL THEME: CREST - TO REACH THE TOP**

**FROM THE PRINCIPAL'S DESK**

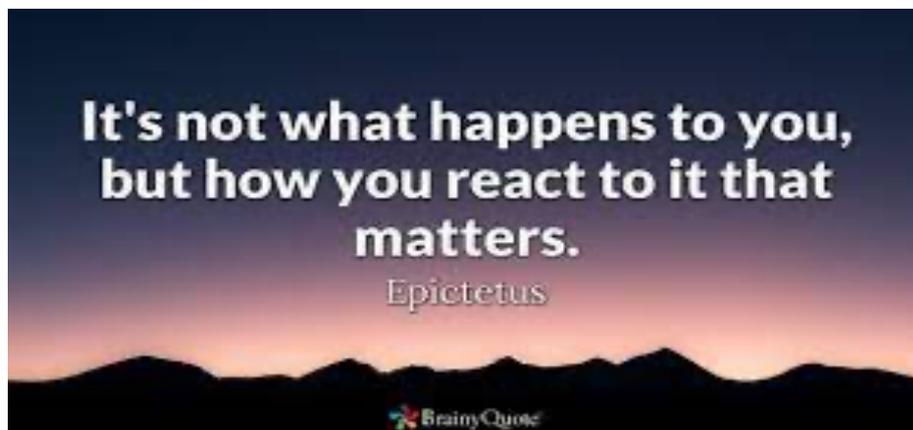
Greetings to all the kura families

Tēnā koutou e ngā whānau o te kura

## **RESPONSIBILITY**

**"It is not what happens, but how you react to it that matters."  
- Epictetus**

**How have you shown responsibility within a difficult situation?**



### **Cust School Cross Country:**

We held our annual Cross Country at school on Wednesday in stunning weather! As usual highly competitive and the true Cust spirit of 'Being Your Best' came forth. Whilst it is expected all children participate in this and do their best, we also acknowledge that there are winners (this is part of life and sport).

## Results – Top 3 from each age group

### Results: (first three places)

#### Year 1 & 2 Boys

1<sup>st</sup> Grayson Bishop  
2<sup>nd</sup> Spencer Brown  
3<sup>rd</sup> Ted Blatch

#### Year 1 & 2 Girls

1<sup>st</sup> Molly Macdonald  
2<sup>nd</sup> Indie Waflebakker  
3<sup>rd</sup> Bella Wright

#### Year 3 & 4 Boys

1<sup>st</sup> Levi Thompson  
2<sup>nd</sup> Hunter Brown  
3<sup>rd</sup> Otis Waflebakker

#### Year 3 & 4 Girls

1<sup>st</sup> Andrea Walton  
2<sup>nd</sup> Annabelle Bertie  
3<sup>rd</sup> Sonora Taylor

#### Year 5 Boys

1<sup>st</sup> Fitz Letton  
2<sup>nd</sup> Lachlan Mitchell  
3<sup>rd</sup> Sam Gartery  
4<sup>th</sup> Alex McLachlan

#### Year 5 Girls

1<sup>st</sup> Kasahn Galbraith  
2<sup>nd</sup> Phoebe Woodbury  
3<sup>rd</sup> Maddy George

#### Year 6 Boys

1<sup>st</sup> Ethan Doust  
2<sup>nd</sup> Hunter Mcleod  
3<sup>rd</sup> Jed Croft  
4<sup>th</sup> Harry Merritt

#### Year 6 Girls

1<sup>st</sup> Charlotte Nesbit  
2<sup>nd</sup> Kirah Galbraith  
3<sup>rd</sup> Olivia Mehrtens

#### Year 7 Boys

1<sup>st</sup> Finlay Kearns  
2<sup>nd</sup> Fraser Thomson  
3<sup>rd</sup> Sam Riley

#### Year 7 Girls

1<sup>st</sup> Lace Stewart  
2<sup>nd</sup> Izzy Mosby  
3<sup>rd</sup> Anna Gartery

#### Year 8 Boys

1<sup>st</sup> Lachie Mcleod  
2<sup>nd</sup> Corey Kennedy  
3<sup>rd</sup> Luca Dale  
4<sup>th</sup> Xavier Nortman

#### Year 8 Girls

1<sup>st</sup> Ruby Taylor  
2<sup>nd</sup> Eva Donoghue

There is a team selected now who will go on to compete at the Cust Domain against our cluster schools next Wednesday. From here there is an opportunity to compete against North Canterbury schools.

Our Tip this term is “Be Independent” and one of the things we have talked to the children about is Being Confident (giving things a go / stepping outside your comfort zone / having a positive attitude). It also includes being resilient and being organised. At school, we provide many opportunities for children to do this through class work, speeches, homework, sport etc.

When thinking about this TIP (Key for Success) and having observed children in different settings (for over 40 years), I have 3 groups of children I admire:

1. Naturally talented – there are children who are naturally talented at particular things. They can be talented in music, sports, maths, languages but also in social aspects and they are able to use this talent to achieve exceptionally well. You look at them in awe as they **effortlessly** run, swim, draw, problem solve, lead, learn new concepts etc.
2. Journey(men/women) – these are children who might not be gifted but absolutely try their hardest. They work hard and put in their best effort to achieve their goal. It is harder for them to achieve well, but they do because of their **attitude – they show effort and determination.**
3. Lastly, and I think I admire these the most, are the children who are never going to be great at a particular thing e.g. cross country – they struggle to do it because of some difficulty, but you never hear them complain about it and there are never any excuses from them or their parents. They give things a go even when they know it's going to be very hard. **Through their positive attitude, they show resiliency in the face of adversity, and independence, not relying on others – they just do it.**

### IT'S ALL ABOUT ATTITUDE:

A positive attitude will also allow you to view challenges as opportunities rather than threats. People with negative attitudes think, “I can't...” or “I doubt...” They might blame others, look for excuses or think everything is against them. In contrast, each time you act from a positive attitude, your self-confidence is enhanced, your ability to achieve is proven, and you know you can succeed.

So how can we help our children... one way might be....

**Do you.....Compensate for weaknesses?**

***Most of us get our confidence not from compensating for weaknesses, but on playing to our strengths.***

Children can't always avoid their weak areas, but by focusing on building a positive attitude and looking at strengths we build self-efficacy and confidence.

Next time you're tempted to make an excuse for your child why they can't do something consider instead making sure they do it but with a goal to finish it confidently. Make sure they have a positive attitude - their sense of confidence and competence / achievement will return. ***Call me old fashioned but opting out of something because it is too hard or you don't want to do it, is not a valid excuse.***

***Note: I am not talking about genuine sickness or injury but I have never heard of a child having a serious accident at a cross country race or at a speech competition.***

***Give things a go – be positive, no excuses!***

## EYRE CLUSTER CROSS COUNTRY:

**WEDNESDAY 25 MAY**

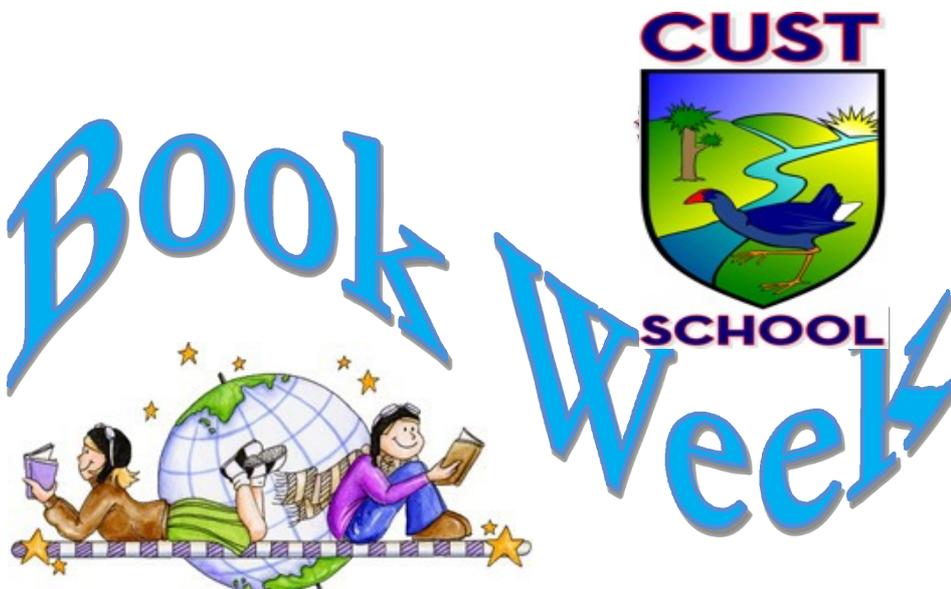
**Venue: Cust Domain**

Children who are competing in this, have been sent an email. Please reply to the transport request.

Likely Times and Order:

Year 5 Girls 12.30	Year 5 Boys 12.35
Year 6 Girls 12.45	Year 6 Boys 12.50
Year 7 Girls 1.00	Year 7 Boys 1.05
Year 8 Girls 1:15	Year 8 Boys 1:20

(Finished by 2.00 pm)



...

**Is happening at**

**Cust School!**

**13-17 June**

# Cust School – Covid Update and Winter Illnesses

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**At Orange, face masks are no longer required at school.** However public health advice is that masks continue to be **strongly encouraged when indoors.** Wearing a mask is a key health measure that slows the spread of COVID-19 in indoor settings. **For that reason, we ask that visitors to the school, including parents and whānau, wear a mask whenever they are indoors on school grounds.**

**We also ask that your child (if they are Year 4+) continues to bring a mask to school every day.** There may be times that we'll ask them to wear a mask, too – for example, when we are having an assembly in the hall. If there are a high number of cases at school or in the community, we may ask that masks are worn in classrooms for a time.

**At Orange, students aged 12 and above are still required to wear a face mask on school or public transport.**

We will continue to keep all the other health measures in place at school that we know slow the spread of COVID-19. These include ensuring our indoor spaces are well-ventilated, maintaining good hand hygiene and cough and sneeze etiquette, appropriate physical distancing whenever we can and, most importantly, staying home if we are sick.

**HYGIENE PRACTICES:** Practising good hand and sneeze/cough hygiene is the best defence to manage illnesses:

- wash your hands often with soap and water before and after eating as well as after attending the toilet
- cover coughs and sneezes with clean tissues or your elbow
- put used tissues in the bin.

Please keep students at home if they are unwell.

With Term 2 underway, we're looking ahead to what might come next – not just from COVID-19 but the upcoming winter season and illnesses that may come with it.

With New Zealanders mostly sheltered from exposure to flu in the last two years, health experts are concerned about our lower immunity to flu. This winter there is the very real possibility of getting the flu and COVID-19 within a short space of time. This can lead to very serious illness and high mortality rates.

If you are normally someone who doesn't bother with the flu vaccine, we strongly encourage you to get your flu vaccination this year and get your whānau up to date with any other vaccinations (for example, measles, whooping cough).

[Flu \(influenza\) vaccines – Ministry of Health](#)

In 2022, flu vaccinations are free for:

- pregnant people
- people aged 65 years and over
- Māori and Pacific people aged 55 years and over
- people who have a long-term medical condition like diabetes, asthma, or a heart condition (ages 6 months+)
- children under the age of four who have been in hospital with respiratory illness such as asthma.

If you're not eligible for a free flu jab, and not covered by an employer-funded programme, it costs between \$25 and \$45 depending on the vaccine and provider.

There is further information about the symptoms and danger signs for flu on the Ministry of Health website.

As always, we want to keep our ākonga and kaiako as safe as possible from the harms from illness and to have as many ākonga learning on site as we can. All those good actions we already have in place to reduce the risk of harm from COVID-19 will also help to prevent seasonal illnesses including:

- staying away if unwell and seeking advice about getting tested
- regularly washing hands
- using well-ventilated spaces
- wearing masks when indoors
- cleaning and disinfecting high-touch surfaces regularly
- covering coughs and sneezes
- having a highly vaccinated community (and not just for COVID-19).

You can do the same at home and hopefully together, we will keep our community healthy this winter. As always, if you have any questions about our health and safety plans please get in touch.

Ngā mihi,

Robert



## Cust School Policy Review:

### HEALTHCARE and BEHAVIOUR MANAGEMENT

1. Visit the website <https://cust.schooldocs.co.nz/1893.htm>
2. Enter the username (cust) and password (piko).
3. Follow the link to the relevant policy as listed.
4. Read the policy.
5. Click the Policy Review button at the top right-hand corner of the page.
6. Select the reviewer type "Parent".
7. Enter your name (optional).
8. Submit your ratings and comments.
9. If you don't have internet access, school office staff can provide you with printed copies of the policy and a review form.

## HEAD LICE

Please check your child(ren) as headlice is going the rounds at school. This would be appreciated.  
Thank you.

## SCHOOL DONATION AND ACTIVITIES

Last week you will have received, via email, the receipts for the 2021 tax year. I hope you have found this useful when making your tax return.

This week everyone will receive an updated statement showing the position of your child's account. I have added any stationery that your child may have come in and received from the office stationery, for which they are given a sheet, that does not always make it home.

Payment can be made into the Cust School bank account 03 1592 0074218 00 (please reference your payment so I can code it correctly i.e. school donation, or stationery, or basketball etc.  
If you wish to make an arrangement, in regard to payments, please contact me

Any questions or queries please ask.

Regards  
Jennifer

## CLASS CERTIFICATES

- Room One: Well done Olivia for showing success in Piko's tips – be INDEPENDENT – for being an independent and self-motivated learner, especially during reading. Ka rawe!  
Well done Ethan for showing success in Piko's tips – be INDEPENDENT – for working hard on your self-control and independence in class! Ka rawe!
- Room Two: Well done Sam for showing success in Piko's tips – be INDEPENDENT – Sam you are working really hard at school and home with your reading – keep up the amazing work!  
Well done Marco for showing success in Piko's tips – be INDEPENDENT – Marco you are such a focused, hard working and kind member of Room 2. I am so impressed at your independent work habits, creative ideas and outstanding work output. Well done.  
Well done Leo for showing success in Piko's tips – be INDEPENDENT – Leo you are our very own David Attenborough of Room 2. Thank you for putting in 110% effort into everything you do and sharing your vast knowledge of the ocean with us.
- Room Three: Well done Addison for showing success in Piko's tips – be INDEPENDENT – for taking responsibility for her learning by finishing her work on time and to a high standard.  
Well done Arlo for showing success in Piko's tips – be INDEPENDENT – for taking responsibility for his learning by asking questions and always trying his best.
- Room Four: Well done Estella for showing success in Piko's tips – be INDEPENDENT – for being a helpful member around Room 4.  
Well done Spencer for showing success in Piko's tips – be INDEPENDENT – for settling well into Room 4.
- Room Five: Well done Hunter for showing success in Piko's tips – be INDEPENDENT – great running in the Cross Country Hunter. Well done.  
Well done Eva for showing success in Piko's tips – be INDEPENDENT – I have been very impressed with your training for the Cross Country and your race on Wednesday. Well done.
- Room Six: Well done Xavior for showing success in Piko's tips – be INDEPENDENT – awesome work managing your time to finish things to a high standard.
- Room Seven: Well done Corey for showing success in Piko's tips – be INDEPENDENT – fabulous organisation and attitude. You have been an awesome honorary Room 6 this week.

## LITTER FREE LUNCH

Kia ora Cust School whanau!

We are the “Year 7 and 8 Litter Free Lunch Squad”, and today we are launching our new video channel that shows you and your children how to make waste-free lunch options that are:

- Healthy
- Easy
- Affordable

We would love you to watch these 20 second videos that we share with you and try them together at home. If you make one of our creations, send a photo to Mrs Bell ([miriam.bell@cust.school.nz](mailto:miriam.bell@cust.school.nz)). We will draw a name out from those who do this every second week in assembly, and the winner will get to star alongside us in the next video!

Our first video is how to make mouse

traps: [https://drive.google.com/file/d/1R\\_HvKyVgaMTtJIXTHK78bXHhO1r0Rov/view?usp=sharing](https://drive.google.com/file/d/1R_HvKyVgaMTtJIXTHK78bXHhO1r0Rov/view?usp=sharing)

Have fun,

From the Litter-Free Lunch Squad

## FISH AND CHIPS, AMERICAN HOT DOGS, PIES – Thursday, 26 May,

All orders need to be in the office by **9.00am**. No late orders as we will not be going down to the hotel.

**NOTE: the prices below AS THERE HAVE BEEN SOME INCREASES.**

Please also note the following:

All envelopes (no scraps of paper and notes left on the counter are acceptable), are to be clearly labelled with names (please put full names as we have several children at school with the same Christian names)

- Correct money (as no change will be given)
- No add-ons of drinks, as this service is solely for the items listed below from the Cust Hotel.

Prices are as follows

1 scoop chips	\$2.50	½ scoop chips	\$1.50
Hot Dog	\$3.00	Fish	\$3.00
Sausage	\$3.00	American Hot Dog	\$3.50
Mince Pie	\$6.50	Mince & Cheese	\$6.50
Hash Browns	\$2.00		

Further dates will be 9 June, 23 June & 7 July. (Every second week Term Two.)

## STUDENT ACHIEVEMENT

James won the National Junior Show person of the year in the New Zealand Dairy Goat Breeders Association Awards for the 2021 show season.

Also he won goatling (1 year) of the year with his own dairy goat for the breed and nationally.

Photo is of James and his own goat Carnation.



## COMMUNITY NOTICES

### KIDSBASE TOD PROGRAMME

Kidsbase will be **OPEN on Friday 3<sup>rd</sup> June** and offering an action packed, fun filled day of activities whilst your school is closed for a Teacher Only Day.

Four different booking options are available and everyone is welcome.

This is being communicated to you early in the hope that it will assist you with your childcare planning and encourage our programme to be well supported on the 3<sup>rd</sup>.

Bookings for the Teacher Only Day are open now so simply log into [Kidsbase.aimyplus.com](http://Kidsbase.aimyplus.com) to complete your booking.

Please see attached flyer for full details and we look forward to seeing you soon.

Kind Regards,  
The Kidsbase Team  
[info@kidsbase.co.nz](mailto:info@kidsbase.co.nz)



**Kids Base**  
kidsbase.co.nz

Before School After School  
Holidays Enrol

## TEACHER ONLY DAY PROGRAMME FRIDAY 3<sup>RD</sup> JUNE

Custschool will be closed for a Teacher Only Day on Friday 3<sup>rd</sup> June. If you are stuck for Childcare Solutions on this day – Don't Panic!  
Kidsbase are **OPEN** and will have an action-packed day full of fun and engaging activities that will keep your child/ren entertained all day.

4 Different booking options to best suit your needs:

8:30am – 3:00pm	\$45.00
8:30am – 6:00pm	\$55.00
7:30am – 3:00pm	\$55.00
7:30am – 6:00pm	\$65.00

Spaces limited so don't delay!!!!  
A Great Fun Way for kids to build friendships, confidence and self-esteem.  
WINZ Subsidies available

\*\*\* CONVENIENT LOCATIONS AT SWANNANOA SCHOOL AND  
SOUTHBROOK SCHOOL RANGIORA \*\*\*

Contact us now for full details: 027 239 7690, [www.kidsbase.co.nz](http://www.kidsbase.co.nz)  
Bookings available now: [kidsbase.aimyplus.com](http://kidsbase.aimyplus.com)  
Kidsbase are an Oranga Tamariki and MSD Approved and Accredited Provider

## SCHOLASTIC Book Club



To view what books are available go on line - <https://www.scholastic.co.nz/schools/book-club/>

All parent credit card orders must be placed via the LOOP platform. You can order online at [scholastic.co.nz/LOOP](http://scholastic.co.nz/LOOP), [mybookclub.scholastic.co.nz](http://mybookclub.scholastic.co.nz) or via the LOOP mobile apps. **NOTE:** skip the box that asks for suburb, enter Cust in the school name and then proceed. If you require any help just ring them and they are happy to talk you through. (0800 266 525)

## WORK AVAILABLE

Are you looking for a part time job for 8 weeks through Spring?

Harewood Farm is 5 mins from Oxford and we are looking for a calf rearer or a relief milker

Calf Rearer

Hours 8 - 3pm for 8 weeks starting 25 July 2022.

Hourly rate based on experience.

Or

Relief Milker

Roster negotiable but must be able to do mornings and afternoons for at least 4 days

Hourly rate based on experience.

We provide 1 hot meal per day, modern facilities and great team.

Please phone Julie Wells 027 324 5960 or email harewoodfarmoxford@gmail.com to apply



## Rangiora New Life School

An Integrated Area School for

New Entrants to Year 13

[www.rnls.school.nz](http://www.rnls.school.nz)

**“Have you considered a local  
Christian education for your child?”**

*(Daily free bus service to and from school for  
eligible students.)*

**You are invited to our Open Day at  
Rangiora New Life School to see  
what we have to offer you.**



## OPEN DAY

**Thursday 2 June 2022**

**9 am to 3 pm**

*See Classes in Action*

Principal (Stephen Walters) shares at:

**9.00 am, 12 noon & 2.00 pm**

**in the Church**

## OXBOX EVENTS TERM 2

Oxford Community Trust

for bookings or more info - Georgia Harris 0274847575

OxBox is a community youth group for youth, years 7 -13 (School years)

Bookings are essential for all away events as seats are limited.

6th  
May

Ice Trampolines,  
Dudley Pool &  
McDonalds  
\$10 (Plus extra  
money for tea)  
5:30-9pm

20th  
May

Bowling & Laser  
tag at Zone  
Bowling  
5pm-9pm  
\$20.00

3rd  
June

Home events  
are held in the  
Scout Den off  
Showgate drive,  
behind GP Hall  
(School hall)

Mall trip to Riccarton  
mall  
5:30pm-9pm  
\$5.00

Away events  
we meet at  
the Oxford  
Town Hall and  
are dropped  
back there

17th  
June

Movie Night hot chips  
\$3.00

1st  
July

Spotlight & Pizzas  
\$3.00