CUST SCHOOL NEWSLETTER

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Friday, 29 July, 2022 - Week One —Term 3

BE YOUR BEST
Kia Rawa Pai

SCHOOL THEME: CREST - TO REACH THE TOP

FROM THE PRINCIPAL'S DESK

Greetings to all the kura families

Tēnā koutou e ngā whānau o te kura

Nau mai ki te kaupeka hou - **Welcome to the new term**.

Welcome back to Term 3, 2022!

We hope you had a relaxing and enjoyable break and your children are looking forward to the term ahead, with more normality being restored. Teachers will be sending out their term class newsletter asap.

Piko's TIPS (Key for Success) for this term is –

Term 3: Participation (*Hononga)*
- Cooperate
- Share / Care
- Include others

These will be discussed within each class and will also be the focus for our weekly assembly awards. As well as this we will be again focusing in on one aspect of wellbeing.

WELLBEING

Wellbeing is about feeling good and functioning well.

Good wellbeing is fundamental to our overall health, it affects how well we can overcome difficulties and achieve what we want to in life. It's strongly linked to happiness.

Wellbeing affects students' engagement with learning, their social and emotional behaviour and their overall satisfaction with life at school.

With our focus on improving the wellbeing of our children

we will this term focus on the theme

EMPATHY

Definition:

Empathy is seeing with the eyes of another, listening with the ears of another and feeling with the heart of another. The ability to understand and share the feelings of another person.

Related words or phrases:

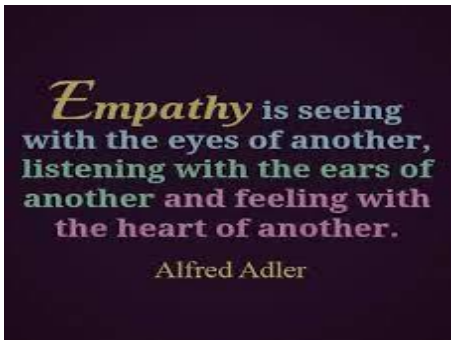
Sympathy	Warmth	Compassion	Caring
Sensitivity	Thoughtful	Selfless	Sincere

What does being empathetic look like?

EMOTIONAL EMPATHY	COGNITIVE EMPATHY	COMPASSIONATE EMPATHY
When you feel something because someone else does, this is emotional empathy. You may have noticed this when you cried watching a very sad scene in a movie.	Involving thinking more than feeling, cognitive empathy means putting yourself in someone else's shoes. When you talk to a friend about something that is bothering you and feel understood by that person, it's often because your friend was using cognitive empathy.	This is any kind of empathy that leads to action. When you see someone in need and offer that person some food or money, that is compassionate empathy.

"Empathy is seeing with the eyes of another, listening with the ears of another and feeling with the heart of another."

- Alfred Adler



Cust School Ski Trip:

Monday, 1 August 2022 - Porter Heights Ski Field

Fingers crossed, it is looking good for the ski trip on Monday.
If you are going skiing and have paid...
Once you arrive come and find the teachers in charge – Eddie / Miriam - who will give everyone their ski passes - then go through rentals. Once all beginners are kitted out, their lessons will start around 9:00 am. Intermediate and advanced lessons are in the afternoon.
Stop for lunch when you need to.
If possible, before you leave the mountain could you please let Eddie or Miriam know so they can tick you off on the list.
If the mountain is closed or on hold. We will text and email everyone on Monday and it will be a normal school day.
If you have a season pass - no need to check in - just go for it!
Enjoy the day everyone.

Please Note:
1. If you have not paid the school before the ski day, Eddie or Miriam will not be able to issue you ski passes – you will have to pay at the ski field.
2. If you decide to go on the day – you will have to pay at the ski field.
   Children who are **not** going on the school ski trip **are expected to** be at school.

SCHOOL MOVIE NIGHT - Friday, 5 August

Movie Night – "ENCANTO"

Friday, 5 August Multipurpose Room
Junior (Years 0 – 4) movie starts at 5:00 pm sharp and finishes at 6:45 pm.
Senior (Years 5 – 8) movie starts at 7:15 pm sharp and finishes at 9 pm.

Any preschool and Room 5 parents are expected to stay with children.

Preschoolers are more than welcome, but they alongside Room 5 students, must be accompanied by a parent
Bring your own bean bag / floor cushion / pillow and drink bottle. Water refills will be available

Cost is $5 per child. This covers entry to movie and a goodie bag. Please put money in a named envelope, in office by end of school Thursday 4th.

We ask that visitors to the school, including parents and whānau, wear a mask whenever they are indoors on school grounds.

Any questions, please don't hesitate to contact the PTA - custschoolpta@gmail.com

Ngā mihi,
Robert

CUST SCHOOL MOVIE NIGHT

"Encanto"

FRIDAY, AUGUST 5
JUNIORS- 5:00 PM
SENIORS- 7:15 PM
MULTIPURPOSE ROOM

Please give the office $5 in an envelope with child's name and session. This covers the movie and a goodie bag.
BYO drink bottle, bean bag, cushion or pillow.

FROM THE BOARD OF TRUSTEES

Kia Ora.

Welcome back to Cust School for Term 3 - I know we're all looking forward to sunnier days soon!

I would like to thank the teachers for all the preparation they've done over the holiday break for this coming term, and wish Robert and AnnMaree well as they step into the role of teaching our Year 6's for Terms 3 & 4.

You will have all received correspondence about our upcoming Board of Trustees elections. Nominations close next Wednesday August 3rd, so if you are thinking of standing, please ensure you submit your nomination before the cutoff date. If you have any questions about this at all, I would be very happy to chat with you and you can contact me through the school office.

Please continue to take good care of yourselves and others.

Nga Mihi

Tracey George

Chairperson

Cust School Board of Trustees

Cust School Board Parent Election 2022

Nomination round

Our school will be undertaking a parent election **for 5 School Board vacancies**. This process will start with the issuing of nomination papers to our caregiver community by **Friday 15th July 2022.**

We have employed CES to undertake the election process on our behalf. This year with legislative change, our nomination form and full instruction on how to place your nomination into our own School's Election website will be emailed to you if we have your email address in our database or you will receive it by post if we don't have your email in our database.

Nomination papers will also be available at the school office. The school will send those on to CES for processing upon receipt from candidates.

Nominations close on Wednesday 3rd August at 12 noon. Election day is Wednesday 7th September.

We look forward to your participation in this process.

Wayne Jamieson

Returning Officer

CES

89 Nazareth Avenue | Middleton | Christchurch | PO Box 414 | Christchurch 8140

P (03) 338 4444 | Cell 021 399 744 Web www.cessl.org.nz

Contact your school for a nomination form or learn more about trustee elections

trustee-election.co.nz
0800 353 284
electionsadvice@nzsta.org.nz

What is a school board of trustees?

Almost all state and state integrated schools in New Zealand have a board of trustees. School board membership includes parent representatives, a staff representative, a student representative (where there are students above year 9) and the principal. Your board may also include other types of trustees. Contact your school for more information on the composition of your school's board.

Who can become a trustee?

Parents, caregivers and people from the wider community can put their name forward to be on a school board during the board of trustee elections.

What do trustees do?

The board is accountable to its parents and community and for student progress and achievement. Here are some specific things a board does:

- Sets the strategic direction and plans for the school and monitors the school's progress against them.
- Monitors and evaluates student progress.
- Oversees the management of staff, property, finances, curriculum and administration.
- Ensures that the educational needs and aspirations of Maori learners, Pasifika learners and learners with special learning and behaviour needs are identified, planned for and met.
- Fulfils the intent of the Treaty of Waitangi by valuing and reflecting New Zealand's dual cultural heritage.
- Appoints and supports the principal and assesses their performance.

What skills do trustees need?

Trustees are active leaders in their schools and need to work well in a team, ask challenging questions and have good communications skills. Boards need a balance of skills and experiences around the table to ensure effective processes for planning, monitoring, reporting and reviewing of the school's performance are in place.

What help do school trustees get?

New Zealand School Trustees Association provides free advice around employment and governance, support and resources. NZSTA also provides a variety of professional development opportunities for trustees.

Rangiora High School

CUST SCHOOL
Be your best

Bruce Kearney, Principal Rangiora High School would like to invite you to a coffee and chat evening to give you the opportunity to hear about RHS and then ask any questions on transitioning to High School

MONDAY 8 AUGUST
7PM

WEST EYRETON SCHOOL

RSVP to principal@westeyreton.school.nz

COMMUNITY SOCIAL MEDIA GUIDELINES

This policy applies to anyone using school-related social media.

Expectations

Administrators and users of all Cust School social media accounts must use their best judgement when using school social media.

Posts and comments must be:

- polite and represent the school in a good light
- relevant to the school community
- consistent with relevant school policies

(e.g. **Privacy**, **Digital Technology and Cybersafety**, **Harassment**, **Bullying and Online Bullying**).

Posts and comments must not contain or link to:

- abusive content, bad language, personal attacks, spam
- advertising (unless this is thanking a business for their support)
- identifiable images of a student's face (unless with relevant permission).

If users breach the conditions above, the post/comment may be deleted and the user may be blocked.

Also see **Sharing Images of Students** and **Publishing Student Information** .

Administrators

Administrators of social media accounts must be currently associated with the school. If an administrator's association with the school ends, they must be removed as an administrator. A senior staff member will always be an administrator on the account.

Anyone setting up a social media page that is associated with the school must seek permission from the principal/board.

Administrators are responsible for:

- monitoring posts/comments regularly
- removing inappropriate posts/comments (and blocking users if necessary)
- documenting harmful content with a screenshot and removing it as soon as possible
- reporting inappropriate content to senior staff.

Concerns

We encourage parents to contact the school when issues arise. If you have a concern, please let us know before sharing negative personal views online. Also refer to our **Concerns and Complaints Policy** .

COMMUNITY CONDUCT EXPECTATIONS

Cust School is committed to providing a safe and healthy environment for students, staff, and visitors.

Our Code of Conduct serves as a reminder to all parents, caregivers, and school visitors that their conduct must support everyone’s emotional and physical wellbeing, and not harm it in any way.

The Code of Conduct applies:

- to all conduct, speech, and action, and includes emails, texts, phone calls, social media, or other communication
- while on school grounds or at another venue where students and/or staff are assembled for school purposes (such as a camp or sports match).

Standards of conduct

Cust School expects parents, caregivers, and visitors to:

- treat everyone with respect
- work together in partnership with staff for the benefit of students
- respect and adhere to our school values
- set a good example for students at all times
- follow school procedures to handle any complaints
- adhere to school policies and procedures (such as those listed below), and any legal requirements.

Examples of unsuitable conduct include:

- threats, bullying, harassment
- profanity/offensive language
- insulting, abusing, or intimidating behaviour
- racism or discrimination (e.g. based on ethnicity, religion)
- physical aggression
- deception/fraud
- damaging school property
- smoking, vaping, possessing, or using alcohol/drugs/other harmful substances on school premises or at another venue where students and/or staff are assembled for school purposes (except possession or use of alcohol in accordance with school policy)
- placing unreasonable and excessive expectations on staff time or resources
- pursuing a complaint or campaign, or making defamatory, offensive, or derogatory comments, regarding the school, its board, or any staff or students on social media or other public forums
- wearing gang insignia on the school grounds. (This is not allowed under the Prohibition of Gang Insignia legislation, and anyone wearing it will be asked to leave.

Social Media

Cust School follows guidelines to protect students' privacy and safety at school when we **publish student information**. This includes sharing photos of our students. We encourage our school community to also consider privacy issues when sharing photos and videos taken at school events. If parents want to share photos/videos/comments on social media, they should discuss this with school staff before posting.

Communication with teachers

We expect any communication with teachers to follow the above standards of conduct. Teachers appreciate parents/caregivers using email as the first form of communication, rather than phone, Facebook, messenger, text etc. This initial email may lead to a phone call or meeting.

CLASS AWARDS

Room One: Well done Callum for showing success in Piko's tips – PARTICIPATE – a super start to Term 3 in all ways!
Well done Poppy for showing success in Piko's tips – PARTICIPATE – you are showing tremendous focus to all tasks!

Room Two: Well done Levi for showing success in Piko's tips – PARTICIPATE – Levi you are always offering ideas during our class discussions. I am also very impressed at how you have shown initiative to make sure you are ready to learn! You are awesome!
Well done Maya for showing success in Piko's tips – PARTICIPATE – Maya, you have had a cracking start to Term 3. I am extremely impressed at the standard of your work; your basic facts recall and incredibly neat handwriting. Amazing.

Room Three: Well done Ted for showing success in Piko's tips – PARTICIPATE – for being a respectful, kind and hard-working team member. You're a superstar.
Well done Alesha for showing success in Piko's tips – PARTICIPATE – for her awesome thinking, contribution to class discussions and effort across all learning areas. You're a superstar!

Room Four: Well done Maddy for showing success in Piko's tips – PARTICIPATE – for improved writing skills.
Well done Amber for showing success in Piko's tips – PARTICIPATE – for settling well into Room 4.
Well done Roisin for showing success in Piko's tips – PARTICIPATE – for settling well into Room 4.
Congratulations, you got all of your spelling correct in Term Two presented to Bella, Boston, Jaxon and Molly.

Room Five: Excellence awarded to Piper, CC, Amber, and Maella – Congratulations, you got your spelling all correct in Term Two.

Room Six: Well done Josh for showing success in Piko's tips – PARTICIPATE – great engagement and effort in all areas – especially Maths and Reading.

Room Seven: Well done Corey for showing success in Piko's tips – be INDEPENDENT – well done on making a great start to the term in visual literacy. Your work is always of a high and well-presented standard.

STAY WELL THIS WINTER

It's already proving to be a tough winter for our communities - as we opened the door to international travel, all those winter bugs seem to have slipped through at the same time. Here are some top tips for staying well this winter:

- **Avoid getting sick:**
  - Eat well, stay active, mask-up! Keep up those healthy habits and make sure you have the best protection possible by getting vaccinated against COVID 19, measles and the flu.
  - Washing your hands well and often, or using an alcohol-based hand sanitiser is one of the most effective ways to stop flu-like illnesses and tummy bugs from spreading.

- **If you do get unwell:**
  - Stay away from work or school.
  - Test for COVID-19 with a RAT. Follow COVID-19 isolation guidance if you or your whānau test positive.
  - Seek help early by phoning Healthline on 0800 611 116, 24/7.
  - In most cases flu or a tummy bug can be safely managed at home. Call ahead before visiting your health provider, rather than visiting in person, and stay away from hospital unless it's an emergency

Click these links for more information on coping with flu and staying well this winter.
Some useful thumbnail graphics are over the page, originals are attached to the email

Receive	When you spend over
1 Free Book	$30
2 Free Books	$50
3 Free Books	$70

This offer is for LOOP only and available on the first eligible transaction on Issue 5, 2022.

To view what books are available go on line - https://www.scholastic.co.nz/schools/book-club/
All parent credit card orders must be placed via the LOOP platform. You can order online at scholastic.co.nz/LOOP, mybookclub.scholastic.co.nz or via the LOOP mobile apps. **NOTE:** skip the box that asks for suburb, enter Cust in the school name and then proceed.
If you require any help just ring them and they are happy to talk you through. (0800 266 525).

There are some hard copies, of the brochure, available from the school office.

FISH AND CHIPS, AMERICAN HOT DOGS, PIES – Thursday, 4 August
All orders need to be in the office by **9.00am**. No late orders as we will not be going down to the hotel. **NOTE: the prices below AS THERE HAVE BEEN SOME INCREASES.**

Please also note the following:
All envelopes (no scraps of paper and notes left on the counter are acceptable), are to be clearly labelled with names (please put full names as we have several children at school with the same Christian names)

- Correct money (as no change will be given)
- No add-ons of drinks, as this service is solely for the items listed below from the Cust Hotel.

Prices are as follows

1 scoop chips	$2.50	½ scoop chips	$1.50
Hot Dog	$3.00	Fish	$3.00
Sausage	$3.00	American Hot Dog	$3.50
Mince Pie	$6.50	Mince & Cheese	$6.50
Hash Browns	$2.00		

Fish and Chips will be continuing in Term Three, starting with Week Two (4 August) and then alternate Thursdays.

NOTICE
SPECIAL GENERAL MEETING

Cust OSCAR Group Inc Is to be held on Thursday 11th August at 7.30pm

In the Multipurpose Room at Cust School

The purpose of this meeting is to discuss the winding up of the above organisation.

We have not been able to run the After-School OSCAR Program for the last 2 years due to a combination of low numbers and lack of space. During that time there have been very few enquiries and it appears that there is insufficient demand for the service. There is now an alternative program for Cust School students run by Kidsbase with free transport to Rangiora.

If you are interested in restarting the After School Care program you MUST attend this meeting. This organisation is administered by parents and participation will be required.

Cust OSCAR Group Inc Committee